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First M.Sc. Nursing Examination, Summer - 2025 Phase - II

PSYCHIATRIC NURSING - III

Total Duration : 3 Hours

Total Marks : 75

Instructions : 1) *Use **black** ball point pen only.*

2) ***Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.*

3) ***All** questions are **compulsory.***

4) *The number to the **right** indicates **full** marks.*

5) *Draw diagrams **wherever** necessary.*

6) *Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.*

7) ***Use** a common answerbook for **all** sections.*

SECTION-I (38 Marks)

1. Long answer question: **[1×12=12]**

a) What do you mean by therapeutic nurse patient relationship? **[3]**

b) Write down the therapeutic communication techniques used by a nurse while interacting with the patient. **[4]**

c) Explain phases of nurse patient relationship. **[5]**

2. Long answer question : **[1×11=11]**

a) Define self-concept. **[2]**

b) Discuss development of self esteem. **[4]**

c) Explain nurses role in enhancing the self esteem of a client with low self esteem. **[5]**

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3. **Short answer questions (Solve any 3 out of 5):** [3×5=15]

a) Cognitive development theory.

b) Explain Neurotransmitter with diagram.

c) Side effects of Lithium Therapy.

d) Trends and issues in the field of psychiatric Nursing in India.

e) Explain Psychometric assessment.

SECTION-II (37 Marks)

4. **Long answer question:** [1×12=12]

a) Define mental health and mental illness. [3]

b) Discuss National Mental Health Program. [4]

c) Discuss Multi-Disciplinary team and Role of nurse in mental illness. [5]

5. **Long answer question:** [1×10=10]

a) Write the classification of psychotropic drugs. [4]

b) Explain the nurses responsibility while caring for a patient who is on Anti psychotic drugs. [6]

6. **Short answer questions (Solve any 3 out of 5):** [3×5=15]

a) Role of nurse for a patient undergoing Electro convulsive therapy.

b) Rights of mentally ill clients with example.

c) Explain Stress management techniques.

d) Use of self as a therapeutic tool.

e) Explain Therapeutic touch and massage.

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